

# Bob's Routine 2023

(Do Set-Up 1st)

1. **slowly**  
*mf* tu--woh-uu-woh-----uu---woh---waugh

Lines 1, 2 & 3, repeat pattern down by 1/2 steps to 7th (or 6th) position. (Valves if ya got 'em.)

2. **moderately**  
*mf*

3. **quickly\***  
*mf* \*One breath. (No high Bb (yet)? 1st measure 3xs, take Coda.) (Out of breath? No repeat.)

4. **not fast – listen! – solfege too\***  
*mf* \*do - re - etc.  
 ;\*la - ti - etc.  
 (new key)  
 every key - every register - circle of fourths

5. **♩ = see tempo chart molto marcato ma molto tenuto**  
*f* 1st up by half steps, then down - as far as possible!

6. **(♩ = 120) molto marcato ma molto tenuto**  
*ff* Continue up by 1/2 steps, when it gets too high, start over and go down by 1/2 steps. If you need to breathe, play a long quarter note and a quarter rest.

## 7. Repeat Set-Up line 1!

TEMPO CHART							
	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Week 1	60	66	72	80	84	88	92
Week 2	66	72	80	84	88	92	96
etc.							

Work you way down the chart.  
 When it gets too fast, start over.  
 Over time, facility will grow.